

DATE: _____

MEETINGS & APPOINTMENTS

APT. TIME	WITH	REGARDING	DESIRED OUTCOME
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

TO DO'S

 PERSONAL

 BUSINESS

1. _____
2. _____
3. _____
4. _____

1. _____
2. _____
3. _____
4. _____

 HEALTH

 FAMILY/RELATIONSHIP

1. _____
2. _____
3. _____
4. _____

1. _____
2. _____
3. _____
4. _____

BIG  Idea

BITE SIZE  Idea



RECAP OF THE DAY